

# Parametricity and syntactic logical relations in System F

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## Abstract

We give a simple syntactic proof of a parametricity theorem for the polymorphic lambda calculus. As an application, we prove confluence and normalisation. We also indicate how to use this parametricity result to derive Wadler-style “free theorems”.

## 1 Introduction

Reynolds [5] proved the parametricity theorem for the polymorphic lambda calculus, which essentially states that every term in System F satisfies a suitable notion of logical relation. Most presentations of the parametricity theorem are formulated semantically — they refer to specific classes of models [5, 8, 4, 9]. We provide a syntactic treatment of the parametricity theorem. In fact, our treatment can also be seen as implicitly referring to a specific kind of semantics constructed from the term model. The parametricity theorem may then be seen as a soundness theorem for this implicit semantics.

The syntactic treatment allows us to use the parametricity theorem to derive what we call an admissibility theorem: a generalised version of Girard’s method of candidates. This theorem may in turn be used to give simple proofs of, e.g., confluence and strong normalisation of  $\beta\eta$ -reduction in System F.

In the context of the simply typed lambda calculus, logical relations were introduced by Statman [7]. The notion of syntactic logical relations for the simply typed lambda calculus is well-established [1, Section 3.3], and in fact already appeared in [7]. We extend the notion of syntactic logical relations to System F. From this point of view, the fundamental theorem for syntactic logical relations (see e.g. [1, Theorem 3.3.12]) corresponds to the parametricity theorem in our treatment. In the simply typed setting, the fundamental theorem may be used to show confluence and weak normalisation of  $\beta\eta$ -reduction.

The parametricity theorem has been used by Wadler [8] to derive “free theorems” from the types of terms in System F. In [8] these theorems refer to equality in frame models. The syntactic version of the parametricity theorem allows us to derive such free theorems with  $\beta\eta$ -equality instead.

Gallier [2] provides a generalisation of Girard’s reducibility candidates very similar to our syntactic logical relations. Our Parametricity Theorem 3.7 is analogous to [2, Lemma 7.9] and our Admissibility Theorem 4.5 to [2, Theorem 10.1]. Gallier uses generalised candidates of reducibility to show confluence and strong normalisation of well-typed System F terms [2, Lemma 10.2]. He considers only unary relations and does not use his method to derive free theorems. The present note may be seen as a small generalisation and a streamlined presentation of the results of [2].

## 2 Polymorphic lambda calculus

In this section, we define an orthodox Church-style version of System F. See e.g. [6, Chapter 11] or [3, Chapter 11]. We assume familiarity with core notions of lambda calculi such as substitution and  $\alpha$ -conversion.

**Definition 2.1.** *Types*  $\mathcal{T}$  are given by

$$\mathcal{T} ::= \mathcal{V} \mid \mathcal{T} \rightarrow \mathcal{T} \mid \forall \alpha. \mathcal{T}$$

where  $\mathcal{V}$  is an infinite set of *type variables*.

We define  $\text{FTV}(\tau)$  – the set of free type variables of the type  $\tau$  – in an obvious way by induction on  $\tau$ . A type  $\tau$  is *closed* if  $\text{FTV}(\tau) = \emptyset$ .

**Definition 2.2.** We assume given an infinite set  $\text{Vars}$  of variables, each paired with a unique type, denoted  $x : \tau$ .

The set of *terms* consists of all expressions  $s$  such that  $s : \sigma$  can be inferred for some type  $\sigma$  by the following clauses:

- $x : \sigma$  for  $(x : \sigma) \in \text{Vars}$ ,
- $\lambda x : \sigma. s : \sigma \rightarrow \tau$  if  $(x : \sigma) \in \text{Vars}$  and  $s : \tau$ ,
- $\Lambda \alpha. s : \forall \alpha. \sigma$  if  $s : \sigma$  and  $\alpha$  does not occur free in the type of a free variable of  $s$ ,
- $st : \tau$  if  $s : \sigma \rightarrow \tau$  and  $t : \sigma$ ,
- $s\tau : \sigma[\tau/\alpha]$  if  $s : \forall \alpha. \sigma$  and  $\tau$  is a type.

The set of free variables of a preterm  $t$ , denoted  $\text{FV}(t)$ , is defined in the expected way. Analogously, we define the set  $\text{FTV}(t)$  of type variables occurring free in  $t$  (we include the occurrences in the types of free variables). We denote an occurrence of a variable  $x$  of type  $\tau$  by  $x^\tau$ , e.g.  $\lambda x : \tau \rightarrow \sigma. x^\tau \rightarrow^\sigma y^\tau$ . When clear or irrelevant, we omit the type annotations, denoting the above term by  $\lambda x. xy$ . Type substitution is defined in the expected way except that it needs to change the types of variables. Formally, a type substitution changes the types associated to variables in  $\text{Vars}$ . The set of terms of type  $\tau$  is denoted by  $\mathbb{T}_\tau$ .

Note that we present terms in orthodox Church-style, i.e., instead of using contexts each variable has a globally fixed type associated to it.

**Lemma 2.3** (Substitution lemma). *1. If  $s : \tau$  and  $x : \sigma$  and  $t : \sigma$  then  $s[t/x] : \tau$ .*

*2. If  $t : \sigma$  then  $t[\tau/\alpha] : \sigma[\tau/\alpha]$ .*

*Proof.* Induction on the typing derivation. □

**Lemma 2.4** (Generation lemma). *If  $t : \sigma$  then one of the following holds.*

- $t \equiv x$  is a variable with  $(x : \sigma) \in \text{Vars}$ .
- $t \equiv \lambda x : \tau_1. s$  and  $\sigma = \tau_1 \rightarrow \tau_2$  and  $s : \tau_2$ .
- $t \equiv \Lambda \alpha. s$  and  $\sigma = \forall \alpha. \tau$  and  $s : \tau$  and  $\alpha$  does not occur free in the type of a free variable of  $s$ .
- $t \equiv t_1 t_2$  and  $t_1 : \tau \rightarrow \sigma$  and  $t_2 : \tau$  and  $\text{FTV}(\tau) \subseteq \text{FTV}(t)$ .
- $t \equiv s\tau$  and  $\sigma = \rho[\tau/\alpha]$  and  $s : \forall \alpha. \rho$ .

*Proof.* By analysing the derivation  $t : \sigma$ . □

### 3 Parametricity and logical relations

**Definition 3.1.** A relation  $R$  on  $\mathbb{T}_{\tau_1} \times \dots \times \mathbb{T}_{\tau_n}$  has *type*  $(\tau_1, \dots, \tau_n)$ . For a family  $\mathbf{Rel}$  of  $n$ -ary relations, by  $\mathbf{Rel}_{\tau_1, \dots, \tau_n}$  we denote the relations in  $\mathbf{Rel}$  of type  $(\tau_1, \dots, \tau_n)$ .

Given  $R$  of type  $(\sigma_1, \dots, \sigma_n)$  and  $S$  of type  $(\tau_1, \dots, \tau_n)$ , we define the relation  $R \rightarrow S$  of type  $(\sigma_1 \rightarrow \tau_1, \dots, \sigma_n \rightarrow \tau_n)$  by:

- $(R \rightarrow S)(t_1, \dots, t_n)$  iff for all  $s_1, \dots, s_n$  with  $R(s_1, \dots, s_n)$  we have  $S(t_1 s_1, \dots, t_n s_n)$ .

Given  $\tau_1, \dots, \tau_n$  and a family  $\mathcal{F}$  of  $n$ -ary relations, we define  $\forall \mathcal{F}$  of type  $(\forall \alpha \tau_1, \dots, \forall \alpha \tau_n)$  by:

- $(\forall \mathcal{F})(t_1, \dots, t_n)$  iff for all types  $\sigma_1, \dots, \sigma_n$  and all  $R \in \mathcal{F}$  of type  $(\tau_1[\sigma_1/\alpha], \dots, \tau_n[\sigma_n/\alpha])$  we have  $R(t_1 \sigma_1, \dots, t_n \sigma_n)$ .

Let  $S$  be an  $n$ -ary relation on terms. A relation  $R$  of type  $(\tau_1, \dots, \tau_n)$  is *closed under  $S$ -compatible head  $\beta$ -expansion* if the following properties hold:

- if  $R(u^1[w_1^1/x]w_2^1 \dots w_k^1, \dots, u^n[w_1^n/x]w_2^n \dots w_k^n)$  and for all  $i = 1, \dots, k$  either all  $w_i^j$  are types or  $S(w_i^1, \dots, w_i^n)$ , then  $R((\lambda x.u^1)w_1^1 \dots w_k^1, \dots, (\lambda x.u^n)w_1^n \dots w_k^n)$ ;
- if  $R(u^1[\tau/\alpha]w_1^1 \dots w_k^1, \dots, u^n[\tau/\alpha]w_1^n \dots w_k^n)$  and for all  $i = 1, \dots, k$  either all  $w_i^j$  are types or  $S(w_i^1, \dots, w_i^n)$ , then  $R((\Lambda \alpha.u^1)\tau w_1^1 \dots w_k^1, \dots, (\Lambda \alpha.u^n)\tau w_1^n \dots w_k^n)$ .

A relation is *closed under head  $\beta$ -expansion* if it is closed under  $S$ -compatible head  $\beta$ -expansion for any relation  $S$ . Given a family  $\mathbf{Rel}$  of  $n$ -ary relations, a relation is *closed under  $\mathbf{Rel}$ -compatible head  $\beta$ -expansion* if it is closed under  $S$ -compatible head  $\beta$ -expansion for every  $S \in \mathbf{Rel}$ .

A family  $\mathbf{Rel}$  of  $n$ -ary relations is a *family of logical relations* if it satisfies the following:

1. each  $R \in \mathbf{Rel}_{\tau_1, \dots, \tau_n}$  is closed under  $\mathbf{Rel}$ -compatible head  $\beta$ -expansion;
2.  $\mathbf{Rel}_{\alpha, \dots, \alpha} \neq \emptyset$  for each type variable  $\alpha$ ;
3. if  $R \in \mathbf{Rel}_{\sigma_1, \dots, \sigma_n}$  and  $S \in \mathbf{Rel}_{\tau_1, \dots, \tau_n}$  then  $R \rightarrow S \in \mathbf{Rel}_{\sigma_1 \rightarrow \tau_1, \dots, \sigma_n \rightarrow \tau_n}$ ;
4. if  $\mathcal{F} \subseteq \mathbf{Rel}$  and  $\mathcal{F}_{\tau_1, \dots, \tau_n} \neq \emptyset$  then  $\forall \mathcal{F} \in \mathbf{Rel}_{\forall \alpha \tau_1, \dots, \forall \alpha \tau_n}$ .

For the rest of this section, we fix a family of logical relations  $\mathbf{Rel}$ .

**Definition 3.2.** An  $n$ -mapping  $\omega$  is a mapping from type variables to  $n$ -tuples of types. The mapping  $\omega$  extends in an obvious way to a mapping from types to  $n$ -tuples of types. We set  $\omega_i = \pi_i \circ \omega$ , i.e.,  $\omega_i(\tau)$  is the  $i$ -th component of the tuple  $\omega(\tau)$ . A mapping  $\xi$  on type variables is  $\omega$ -compatible if  $\xi(\alpha) \in \mathbf{Rel}_{\omega_1(\alpha), \dots, \omega_n(\alpha)}$ .

For each type  $\sigma$ , each  $n$ -mapping  $\omega$ , and each  $\omega$ -compatible  $\xi$ , we define the  $n$ -ary relation  $\mathcal{R}_\sigma^{\xi, \omega}$  by induction on  $\sigma$ :

- $\mathcal{R}_\alpha^{\xi, \omega} = \xi(\alpha)$  for a type variable  $\alpha$ ,
- $\mathcal{R}_{\sigma \rightarrow \tau}^{\xi, \omega}(t_1, \dots, t_n)$  iff  $t_i : \omega_i(\sigma \rightarrow \tau)$  and for all  $s_1, \dots, s_n$  such that  $\mathcal{R}_\sigma^{\xi, \omega}(s_1, \dots, s_n)$  we have  $\mathcal{R}_\tau^{\xi, \omega}(t_1 s_1, \dots, t_n s_n)$ ,
- $\mathcal{R}_{\forall \alpha \sigma}^{\xi, \omega}(t_1, \dots, t_n)$  iff  $t_i : \omega_i(\forall \alpha \sigma)$  and for all types  $\tau_1, \dots, \tau_n$  and every  $R \in \mathbf{Rel}_{\tau'_1, \dots, \tau'_n}$  we have  $\mathcal{R}_\sigma^{\xi, \omega'}(t_1 \tau'_1, \dots, t_n \tau'_n)$  where  $\tau'_i = \omega_i(\tau_i)$  and  $\xi' = \xi[R/\alpha]$  and  $\omega' = \omega[(\tau'_1, \dots, \tau'_n)/\alpha]$ .

Note that if  $\mathcal{R}_\sigma^{\xi, \omega}(t_1, \dots, t_n)$  then  $t_i : \omega_i(\sigma)$ .

**Lemma 3.3.** If  $\omega$  is an  $n$ -mapping and  $\xi$  is  $\omega$ -compatible, then  $\mathcal{R}_\tau^{\xi, \omega} \in \mathbf{Rel}_{\omega_1(\tau), \dots, \omega_n(\tau)}$ .

*Proof.* Induction on  $\tau$ , using the properties of a family of logical relations.  $\square$

**Lemma 3.4.** *If  $\omega$  is an  $n$ -mapping and  $\xi$  is  $\omega$ -compatible and  $\omega_i(\alpha) = \alpha$ , then  $\mathcal{R}_{\sigma[\tau/\alpha]}^{\xi,\omega} = \mathcal{R}_{\sigma}^{\xi',\omega'}$  where  $\xi' = \xi[\mathcal{R}_{\tau}^{\xi,\omega}/\alpha]$  and  $\omega' = \omega[(\omega_1(\tau), \dots, \omega_n(\tau))/\alpha]$ .*

*Proof.* Induction on  $\sigma$ .  $\square$

**Definition 3.5.** A *replacement* is a function  $\delta = \gamma \circ \omega$  satisfying:

1.  $\omega$  is a type substitution,
2.  $\gamma$  is a term substitution such that  $\gamma(x^\tau) : \omega(\tau)$  for every variable  $x$ .

For  $\tau$  a type, we use  $\delta(\tau)$  to denote  $\omega(\tau)$ . We use the notation  $\delta[t/x] = \gamma[t/x] \circ \omega$ . Note that if  $t : \tau$  then  $\delta(t) : \delta(\tau)$ .

**Lemma 3.6.** *If  $t : \sigma$  and  $\delta_i = \gamma_i \circ \omega_i$  for  $i = 1, \dots, n$  are replacements such that  $\mathcal{R}_{\tau}^{\xi,\omega}(\delta_1(x), \dots, \delta_n(x))$  for  $x^\tau \in \text{FV}(t)$ , then  $\mathcal{R}_{\sigma}^{\xi,\omega}(\delta_1(t), \dots, \delta_n(t))$ .*

*Proof.* Induction on  $t$ . If  $t = x$  then this follows from the assumption.

If  $t = t_1 t_2$  then  $t_1 : \tau \rightarrow \sigma$  and  $t_2 : \tau$ . By the inductive hypothesis  $\mathcal{R}_{\tau \rightarrow \sigma}^{\xi,\omega}(\delta_1(t_1), \dots, \delta_n(t_1))$  and  $\mathcal{R}_{\tau}^{\xi,\omega}(\delta_1(t_2), \dots, \delta_n(t_2))$ . By the definition of  $\mathcal{R}_{\tau \rightarrow \sigma}^{\xi,\omega}$  we have  $\mathcal{R}_{\sigma}^{\xi,\omega}(\delta_1(t_1 t_2), \dots, \delta_n(t_1 t_2))$ , i.e.,  $\mathcal{R}_{\sigma}^{\xi,\omega}(\delta_1(t), \dots, \delta_n(t))$ .

If  $t = \lambda x : \sigma_1. u$  then  $u : \sigma_2$  and  $\sigma = \sigma_1 \rightarrow \sigma_2$ . Let  $s_1, \dots, s_n$  be such that  $\mathcal{R}_{\sigma_1}^{\xi,\omega}(s_1, \dots, s_n)$ . Let  $\delta'_i = \delta_i[s_i/x]$  for  $i = 1, \dots, n$ . This is well-defined, because  $s_i : \omega_i(\sigma_1)$  for  $i = 1, \dots, n$ . Also,  $\delta'_i$  still satisfy the assumption of the theorem. Hence, by the inductive hypothesis  $\mathcal{R}_{\sigma_2}^{\xi,\omega}(\delta'_1(u), \dots, \delta'_n(u))$ . We have  $\delta_i(\lambda x : \sigma_1. u) s_i \rightarrow_{h\beta} \delta_i(u)[s_i/x] = \delta'_i(u)$  (assuming  $x$  is chosen fresh). Since  $\mathcal{R}_{\sigma_1}^{\xi,\omega}(s_1, \dots, s_n)$ , by Lemma 3.3 and property 1 of a family of logical relations we obtain  $\mathcal{R}_{\sigma_2}^{\xi,\omega}(\delta_1(t) s_1, \dots, \delta_n(t) s_n)$ . This proves  $\mathcal{R}_{\sigma}^{\xi,\omega}(\delta_1(t), \dots, \delta_n(t))$ .

If  $t = s\rho$  then  $s : \forall \alpha \tau$  and  $\sigma = \tau[\rho/\alpha]$ . By the inductive hypothesis  $\mathcal{R}_{\forall \alpha \tau}^{\xi,\omega}(\delta_1(s), \dots, \delta_n(s))$ . By Lemma 3.3 we have  $\mathcal{R}_{\rho}^{\xi,\omega} \in \mathbf{Rel}_{\omega_1(\rho), \dots, \omega_n(\rho)}$ , so  $\mathcal{R}_{\tau}^{\xi',\omega'}(\delta_1(t), \dots, \delta_n(t))$  by definition, where  $\xi' = \xi[\mathcal{R}_{\rho}^{\xi,\omega}/\alpha]$  and  $\omega' = \omega[(\omega_1(\rho), \dots, \omega_n(\rho))/\alpha]$ . By Lemma 3.4 (assuming  $\alpha$  chosen fresh) we obtain  $\mathcal{R}_{\tau[\rho/\alpha]}^{\xi,\omega}(\delta_1(t), \dots, \delta_n(t))$ , i.e.,  $\mathcal{R}_{\sigma}^{\xi,\omega}(\delta_1(t), \dots, \delta_n(t))$ .

If  $t = \Lambda \alpha. s$  then  $s : \tau$  and  $\sigma = \forall \alpha \sigma'$ . Let  $\rho_1, \dots, \rho_n$  be types and let  $R \in \mathbf{Rel}_{\omega_1(\rho_1), \dots, \omega_n(\rho_n)}$ . Let  $\rho'_i = \omega_i(\rho_i)$  and  $\xi' = \xi[R/\alpha]$  and  $\omega' = \omega[(\rho'_1, \dots, \rho'_n)/\alpha]$ . Let  $\delta'_i = \gamma_i \circ \omega'_i$ . Assuming  $\alpha$  is chosen fresh,  $\delta'_i$  is still a replacement, and  $\mathcal{R}_{\tau}^{\xi',\omega'}(\delta'_1(x), \dots, \delta'_n(x))$  for  $x^\tau \in \text{FV}(s)$ . Hence by the inductive hypothesis  $\mathcal{R}_{\sigma'}^{\xi',\omega'}(\delta'_1(s), \dots, \delta'_n(s))$ . Since  $\delta_i(t) \rho'_i \rightarrow_{h\beta} \delta'_i(s)$ , by Lemma 3.3 and property 1 of a family of logical relations we obtain  $\mathcal{R}_{\sigma'}^{\xi',\omega'}(\delta_1(t) \rho_1, \dots, \delta_n(t) \rho_n)$ . This shows  $\mathcal{R}_{\sigma}^{\xi,\omega}(\delta_1(t), \dots, \delta_n(t))$ .  $\square$

The parametricity theorem is a specialisation of the above lemma. We set  $\mathcal{R}_{\tau}^{\xi} = \mathcal{R}_{\tau}^{\xi, \text{id}}$  where  $\text{id}(\alpha) = (\alpha, \dots, \alpha)$  for any type variable  $\alpha$ .

**Theorem 3.7** (Parametricity theorem). *Let  $\mathbf{Rel}$  be a family of logical relations and  $\xi$  a mapping such that  $\xi(\alpha) \in \mathbf{Rel}_{\alpha, \dots, \alpha}$  for each type variable  $\alpha$ . If  $t : \tau$  and for all  $x^\sigma \in \text{FV}(t)$  we have  $\mathcal{R}_{\sigma}^{\xi}(x, \dots, x)$ , then  $\mathcal{R}_{\tau}^{\xi}(t, \dots, t)$  and  $\mathcal{R}_{\tau}^{\xi} \in \mathbf{Rel}_{\tau, \dots, \tau}$ .*

*Proof.* We have  $\mathcal{R}_{\tau}^{\xi}(t, \dots, t)$  by Lemma 3.6. Also  $\mathcal{R}_{\tau}^{\xi} \in \mathbf{Rel}$  by Lemma 3.3.  $\square$

## 4 Candidates

The parametricity theorem allows us to generalise Girard's method of candidates.

**Definition 4.1.** Let  $R$  be an  $n$ -ary relation on terms. A tuple  $(xu_1^1 \dots u_m^1, \dots, xu_1^n \dots u_m^n)$  is  $R$ -neutral if for every  $i = 1, \dots, m$  either all  $u_i^j$  are types or  $R(u_i^1, \dots, u_i^n)$ . For unary relations, we identify 1-tuples with their elements and talk about  $R$ -neutral terms.

An  $n$ -ary relation  $R$  is *admissible* if it satisfies the following:

1.  $R$  is closed under  $R$ -compatible head  $\beta$ -expansion;
2.  $R(t_1, \dots, t_n)$  for every  $R$ -neutral tuple  $(t_1, \dots, t_n)$ ;
3. if  $R(t_1x, \dots, t_nx)$  and  $x \notin \text{FV}(t_1, \dots, t_n)$  then  $R(t_1, \dots, t_n)$ ;
4. if  $R(t_1\alpha, \dots, t_n\alpha)$  and  $\alpha \notin \text{FTV}(t_1, \dots, t_n)$  then  $R(t_1, \dots, t_n)$ .

We will show that if  $R$  is admissible then  $R(t, \dots, t)$  holds for every term  $t$ . For this purpose, we define  $R$ -candidates and show that the family of all  $R$ -candidates is a family of logical relations.

**Definition 4.2.** A relation  $S$  of type  $(\tau_1, \dots, \tau_n)$  is an  $R$ -candidate if:

1.  $S \subseteq R$ ;
2.  $S$  is closed under  $R$ -compatible head  $\beta$ -expansion;
3.  $S(t_1, \dots, t_n)$  for every  $R$ -neutral tuple  $(t_1, \dots, t_n) \in \mathbb{T}_{\tau_1} \times \dots \times \mathbb{T}_{\tau_n}$ .

**Lemma 4.3.** Let  $R$  be admissible and let  $R_{\tau_1, \dots, \tau_n} = R \cap (\mathbb{T}_{\tau_1} \times \dots \times \mathbb{T}_{\tau_n})$ . Then  $R_{\tau_1, \dots, \tau_n}$  is an  $R$ -candidate of type  $(\tau_1, \dots, \tau_n)$ .

*Proof.* Follows directly from definitions. □

**Lemma 4.4.** If  $R$  is admissible then the family  $\mathbf{Cand}^R$  of all  $R$ -candidates is a family of logical relations.

*Proof.* If  $S$  is an  $R$ -candidate then it is closed under  $R$ -compatible head  $\beta$ -expansion. Hence, for any  $S' \in \mathbf{Cand}^R$ , the relation  $S$  is closed under  $S'$ -compatible head  $\beta$ -expansion, because  $S' \subseteq R$ . Thus  $S$  is closed under  $\mathbf{Cand}^R$ -compatible head  $\beta$ -expansion.

By Lemma 4.3 we have  $\mathbf{Cand}_{\alpha, \dots, \alpha}^R \neq \emptyset$ .

Let  $S_1 \in \mathbf{Cand}_{\sigma_1, \dots, \sigma_n}^R$  and  $S_2 \in \mathbf{Cand}_{\tau_1, \dots, \tau_n}^R$ . We need to show  $S_1 \rightarrow S_2 \in \mathbf{Cand}_{\sigma_1 \rightarrow \tau_1, \dots, \sigma_n \rightarrow \tau_n}^R$ . We check the properties of an  $R$ -candidate.

1. Let  $(S_1 \rightarrow S_2)(t_1, \dots, t_n)$ . Let  $x \notin \text{FV}(t_1, \dots, t_n)$ . Because  $(x, \dots, x)$  is  $R$ -neutral,  $S_1(x, \dots, x)$ . Then  $S_2(t_1x, \dots, t_nx)$ , so  $R(t_1x, \dots, t_nx)$ . Thus  $R(t_1, \dots, t_n)$ , because  $R$  is admissible.
2.  $S_1 \rightarrow S_2$  is closed under  $R$ -compatible head  $\beta$ -expansion because  $S_2$  is and  $S_1 \subseteq R$ .
3. Let  $(t_1, \dots, t_n) \in \mathbb{T}_{\sigma_1 \rightarrow \tau_1} \times \dots \times \mathbb{T}_{\sigma_n \rightarrow \tau_n}$  be  $R$ -neutral. Assume  $S_1(s_1, \dots, s_n)$ . Because  $S_1 \in \mathbf{Cand}^R$ , we have  $R(s_1, \dots, s_n)$ . Hence  $(t_1s_1, \dots, t_ns_n) \in \mathbb{T}_{\tau_1} \times \dots \times \mathbb{T}_{\tau_n}$  is  $R$ -neutral. So  $S_2(t_1s_1, \dots, t_ns_n)$ . This proves  $(S_1 \rightarrow S_2)(t_1, \dots, t_n)$ .

Let  $\mathcal{F} \subseteq \mathbf{Cand}^R$  with  $\mathcal{F}_{\tau_1, \dots, \tau_n} \neq \emptyset$ . We need to show  $\forall \mathcal{F} \in \mathbf{Cand}_{\forall \alpha \tau_1, \dots, \forall \alpha \tau_n}^R$ . We check the properties of an  $R$ -candidate.

1. Let  $(\forall \mathcal{F})(t_1, \dots, t_n)$ . Let  $S \in \mathcal{F}_{\tau_1, \dots, \tau_n}$ . We have  $S(t_1\alpha, \dots, t_n\alpha)$  for  $\alpha$  fresh, so  $R(t_1\alpha, \dots, t_n\alpha)$ . Thus  $R(t_1, \dots, t_n)$ , because  $R$  is admissible.

2.  $\forall \mathcal{F}$  is closed under  $R$ -compatible head  $\beta$ -expansion because each  $S \in \mathcal{F}$  is.
3. Let  $(t_1, \dots, t_n) \in \mathbb{T}_{\forall \alpha \tau_1} \times \dots \times \mathbb{T}_{\forall \alpha \tau_n}$  be  $R$ -neutral. Then  $(t_1 \sigma_1, \dots, t_n \sigma_n) \in \mathbb{T}_{\tau_1[\sigma_1/\alpha]} \times \dots \times \mathbb{T}_{\tau_n[\sigma_n/\alpha]}$  is  $R$ -neutral. So  $S(t_1 \sigma_1, \dots, t_n \sigma_n)$  for all  $S \in \mathcal{F}$  of type  $(\tau_1[\sigma_1/\alpha], \dots, \tau_n[\sigma_n/\alpha])$ . This proves  $(\forall \mathcal{F})(t_1, \dots, t_n)$ .  $\square$

**Theorem 4.5** (Admissibility theorem). *If  $R$  is admissible, then  $R(t, \dots, t)$  for any term  $t$ .*

*Proof.* Assume  $t : \tau$ . By Lemma 4.4 the family  $\mathbf{Cand}^R$  is a family of logical relations. Let  $\xi(\alpha) = R_{\alpha, \dots, \alpha}$  for a type variable  $\alpha$ . We have  $\xi(\alpha) \in \mathbf{Cand}_{\alpha, \dots, \alpha}^R$  by Lemma 4.3. For every  $x^\sigma \in \text{FV}(t)$  the tuple  $(x, \dots, x)$  is  $R$ -neutral, so  $S(x, \dots, x)$  for every  $S \in \mathbf{Cand}_{\sigma, \dots, \sigma}^R$ . By Lemma 3.3 we have  $\mathcal{R}_\sigma^\xi \in \mathbf{Cand}_{\sigma, \dots, \sigma}^R$ . Thus  $\mathcal{R}_\sigma^\xi(x, \dots, x)$ . Therefore, by the parametricity theorem  $(t, \dots, t) \in \mathcal{R}_\tau^\xi \in \mathbf{Cand}^R$ . Since  $\mathcal{R}_\tau^\xi \subseteq R$  by property 1 of  $R$ -candidates,  $R(t, \dots, t)$ .  $\square$

## 5 Applications

### 5.1 Confluence

Let  $\mathbf{Con}_{\beta\eta}$  be the set of all terms whose all subterms are  $\beta\eta$ -confluent, i.e.,  $t \in \mathbf{Con}_{\beta\eta}$  iff for every subterm  $t'$  of  $t$  and all  $t_1, t_2$  such that  $t' \rightarrow_{\beta\eta}^* t_i$  ( $i = 1, 2$ ) there exists  $s$  with  $t_i \rightarrow_{\beta\eta}^* s$  ( $i = 1, 2$ ). By the admissibility theorem, to prove  $\beta\eta$ -confluence of System F it suffices to show that  $\mathbf{Con}_{\beta\eta}$  is admissible. The proof essentially reduces to the following lemma.

**Lemma 5.1.** *If  $t \rightarrow_{h\beta} t_1$  and  $t \rightarrow_{\beta\eta} t_2$  then there is  $s$  with  $t_1 \rightarrow_{\beta\eta}^* s$  and  $t_2 \rightarrow_{h\beta} s$ .*

*Proof.* We have  $t = (\lambda x.u)w_1 \dots w_n$  and  $t_1 = u[w_1/x]w_2 \dots w_n$  ( $n \geq 1$ ). If the  $\beta\eta$ -reduction  $t \rightarrow_{\beta\eta} t_2$  occurs inside one of  $u, w_1, \dots, w_n$  then the claim is obvious. Otherwise, either the reduction  $t \rightarrow_{\beta\eta} t_2$  is the head  $\beta$ -reduction and  $t_2 = t_1$ , or  $u = u'x$  with  $x \notin \text{FV}(u')$  and  $t_2 = u'w_1 \dots w_n$ . In the second case, however, also  $u[w_1/x] = u'w_1$ , so we may take  $s = t_1 = t_2$ .  $\square$

**Lemma 5.2.**  *$\mathbf{Con}_{\beta\eta}$  is admissible.*

*Proof.* We check the properties from Definition 4.1.

1. It follows from Lemma 5.1 that  $\mathbf{Con}_{\beta\eta}$  is closed under  $\mathbf{Con}_{\beta\eta}$ -compatible head  $\beta$ -expansion. Indeed, assume  $t_0 = u[w_1/x]w_2 \dots w_n \in \mathbf{Con}_{\beta\eta}$  and  $t'_0 = (\lambda x.u)w_1 \dots w_n \rightarrow_{h\beta} t_0$  with  $w_i \in \mathbf{Con}_{\beta\eta}$  for  $i = 1, \dots, n$ . Let  $t'$  be a subterm of  $t'_0$ . If  $t'$  is a subterm of  $w_i$  for some  $i = 1, \dots, n$ , then  $t' \in \mathbf{Con}_{\beta\eta}$  and in particular  $t'$  is  $\beta\eta$ -confluent. If  $t'$  is a subterm of  $\lambda x.u$  then  $t' \in \mathbf{Con}_{\beta\eta}$  because  $u \in \mathbf{Con}_{\beta\eta}$ . Otherwise, there is a subterm  $t$  of  $t_0$  such that  $t' \rightarrow_{h\beta} t$ . Assume  $t' \rightarrow_{\beta\eta}^* t'_i$  ( $i = 1, 2$ ). By Lemma 5.1 there are  $t_1, t_2$  such that  $t \rightarrow_{\beta\eta}^* t_i$  and  $t'_i \rightarrow_{h\beta} t_i$  ( $i = 1, 2$ ). Since  $t \in \mathbf{Con}_{\beta\eta}$ , there is  $s$  with  $t'_i \rightarrow_{h\beta} t_i \rightarrow_{\beta\eta}^* s$  ( $i = 1, 2$ ).
2. If  $xu_1 \dots u_n$  is  $\mathbf{Con}_{\beta\eta}$ -neutral then each  $u_i$  is either a type or  $u_i \in \mathbf{Con}_{\beta\eta}$ . So  $xu_1 \dots u_n \in \mathbf{Con}_{\beta\eta}$ .
3. If  $tx \in \mathbf{Con}_{\beta\eta}$  then  $t \in \mathbf{Con}_{\beta\eta}$  because  $t$  is a subterm of  $tx$ .
4. If  $t\alpha \in \mathbf{Con}_{\beta\eta}$  then  $t \in \mathbf{Con}_{\beta\eta}$  because  $t$  is a subterm of  $t\alpha$ .  $\square$

**Corollary 5.3.** *System F is  $\beta\eta$ -confluent.*

An entirely analogous proof shows that System F is  $\beta$ -confluent.

## 5.2 Weak normalisation

Let  $\text{WN}_{\beta\eta}$  be the set of all terms weakly normalising w.r.t  $\beta\eta$ -reduction. By the admissibility theorem, to prove weak normalisation of  $\beta\eta$ -reduction in System F it suffices to show that  $\text{WN}_{\beta\eta}$  is admissible.

**Lemma 5.4.**  *$\text{WN}_{\beta\eta}$  is admissible.*

*Proof.* We check the properties from Definition 4.1.

1. It is obvious that  $\text{WN}_{\beta\eta}$  is closed under head  $\beta$ -expansion.
2. If  $xu_1 \dots u_n$  is  $\text{WN}_{\beta\eta}$ -neutral then each  $u_i$  is either a type or  $u_i \in \text{WN}_{\beta\eta}$ . So  $xu_1 \dots u_n \in \text{WN}_{\beta\eta}$ .
3. If  $tx \in \text{WN}_{\beta\eta}$  then there is  $s$  in  $\beta\eta$ -normal form such that  $tx \rightarrow_{\beta\eta}^* s$ . Thus either  $s = s'x$  and  $t \rightarrow_{\beta\eta}^* s'$ , or  $tx \rightarrow_{\beta\eta}^* (\lambda x.t')x \rightarrow_{\beta} t' \rightarrow_{\beta\eta}^* s$ , i.e.,  $t \rightarrow_{\beta\eta}^* \lambda x.s$ , or  $tx \rightarrow_{\beta\eta}^* (\lambda x.t'x)x \rightarrow_{\eta} t'x \rightarrow_{\beta\eta}^* s$ , i.e., also  $t \rightarrow_{\beta\eta}^* \lambda x.s$ . In both cases  $t$  has a  $\beta\eta$ -normal form.
4. The proof that  $t\alpha \in \text{WN}_{\beta\eta}$  implies  $t \in \text{WN}_{\beta\eta}$  is analogous to the point above.  $\square$

**Corollary 5.5.** *System F is weakly normalising w.r.t.  $\beta\eta$ -reduction.*

## 5.3 Strong normalisation

Strong normalisation is a bit more difficult than weak normalisation, but also follows relatively easily from the admissibility theorem. Let  $\text{SN}_{\beta\eta}$  be the set of all terms strongly normalising w.r.t.  $\beta\eta$ -reduction.

**Lemma 5.6.**  *$\text{SN}_{\beta\eta}$  is admissible.*

*Proof.* We check the properties from Definition 4.1.

1. We need to show that  $\text{SN}_{\beta\eta}$  is closed under  $\text{SN}_{\beta\eta}$ -compatible head  $\beta$ -expansion. Assume  $u[w_1/x]w_2 \dots w_k \in \text{SN}_{\beta\eta}$  and  $w_i \in \text{SN}_{\beta\eta}$  for  $i = 1, \dots, n$ . Let  $(\lambda x.u)w_1 \dots w_n = t_0 \rightarrow_{\beta\eta} t_1 \rightarrow_{\beta\eta} t_2 \rightarrow_{\beta\eta} \dots$  be an infinite reduction. There are three possibilities.
  - $t_i = (\lambda x.u^i)w_1^i \dots w_k^i$  for each  $i$  and there is an infinite reduction from  $u$  or one of  $w_1, \dots, w_k$ . This contradicts  $u[w_1/x]w_2 \dots w_k \in \text{SN}_{\beta\eta}$  or  $w_1 \in \text{SN}_{\beta\eta}$ .
  - There is  $i$  with  $t_i = (\lambda x.u^i)w_1^i \dots w_k^i$  and  $t_{i+1} = u^i[w_1^i/x]w_2^i \dots w_k^i$ , where  $u \rightarrow_{\beta\eta}^* u^i$  and  $w_j \rightarrow_{\beta\eta}^* w_j^i$ . But then there is an infinite reduction  $u[w_1/x]w_2 \dots w_k \rightarrow_{\beta\eta}^* t_{i+1} \rightarrow_{\beta\eta} t_{i+2} \rightarrow_{\beta\eta} \dots$ . Contradiction.
  - There is  $i$  with  $t_i = (\lambda x.u^i x)w_1^i \dots w_k^i$  and  $t_{i+1} = u^i w_1^i w_2^i \dots w_k^i$ , where  $x \notin \text{FV}(u^i)$  and  $u \rightarrow_{\beta\eta}^* u^i x$  and  $w_j \rightarrow_{\beta\eta}^* w_j^i$ . But then there is an infinite reduction  $u[w_1/x]w_2 \dots w_k \rightarrow_{\beta\eta}^* t_{i+1} \rightarrow_{\beta\eta} t_{i+2} \rightarrow_{\beta\eta} \dots$ . Contradiction.

Similarly, one shows that if  $u[\tau/x]w_1 \dots w_k \in \text{SN}_{\beta\eta}$  then  $(\Lambda\alpha.u)\tau w_1 \dots w_n \in \text{SN}_{\beta\eta}$ .

2. If  $xu_1 \dots u_n$  is  $\text{SN}_{\beta\eta}$ -neutral then each  $u_i$  is either a type or  $u_i \in \text{SN}_{\beta\eta}$ . So  $xu_1 \dots u_n \in \text{SN}_{\beta\eta}$  (an infinite reduction from  $xu_1 \dots u_n$  implies an infinite reduction from one of  $u_i$ ).
3. If  $tx \in \text{SN}_{\beta\eta}$  then  $t \in \text{SN}_{\beta\eta}$  in particular.
4. If  $t\alpha \in \text{SN}_{\beta\eta}$  then  $t \in \text{SN}_{\beta\eta}$  in particular.  $\square$

**Corollary 5.7.** *System F is strongly normalising w.r.t.  $\beta\eta$ -reduction.*

## 5.4 Theorems for free

Let  $\mathbf{Rel}^n$  be the family of all  $n$ -ary relations closed under  $\beta\eta$ -conversion, i.e.,  $R \in \mathbf{Rel}^n$  iff  $R(t_1, \dots, t_n)$  and  $t_i =_{\beta\eta} t'_i$  for  $i = 1, \dots, n$  imply  $R(t'_1, \dots, t'_n)$  (provided  $t'_i$  has the same type as  $t_i$  for  $i = 1, \dots, n$ ).

**Lemma 5.8.**  *$\mathbf{Rel}^n$  is a family of logical relations.*

*Proof.* We check the conditions from Definition 3.1. Obviously,  $\mathbf{Rel}^n$  is closed under  $\mathbf{Rel}^n$ -compatible head  $\beta$ -expansion. Also  $\mathbf{Rel}_{\alpha, \dots, \alpha} \neq \emptyset$ , because e.g. the full relation is closed under  $\beta\eta$ -conversion. As for the remaining two points, one easily checks that the operations  $\rightarrow$  and  $\forall$  preserve the property of being closed under  $\beta\eta$ -conversion.  $\square$

Now we can use the parametricity theorem to prove e.g. that any polymorphic function of type  $\forall\alpha.\alpha \rightarrow \alpha$  is an identity.

**Lemma 5.9.** *If  $f : \forall\alpha.\alpha \rightarrow \alpha$  is closed then  $f =_{\beta\eta} \Lambda\alpha.\lambda x : \alpha.x$ .*

*Proof.* Let  $x : \alpha$ . By the parametricity theorem for  $\mathbf{Rel}^1$  we obtain  $\mathcal{R}_{\forall\alpha.\alpha \rightarrow \alpha}(f)$ . Consider the relation  $R = \{t : \alpha \mid t =_{\beta\eta} x\}$ . We have  $R \in \mathbf{Rel}^1_\alpha$ . Let  $\xi(\alpha) = R$ . Then  $\mathcal{R}_{\alpha \rightarrow \alpha}^\xi(f\alpha)$ . Also  $\mathcal{R}_\alpha^\xi = \xi(\alpha) = R$ , so  $\mathcal{R}_\alpha^\xi(x)$ . Thus  $\mathcal{R}_\alpha^\xi(f\alpha x)$ , i.e.,  $f\alpha x =_{\beta\eta} x$ . Hence  $f =_{\beta\eta} \Lambda\alpha.\lambda x.f\alpha x =_{\beta\eta} \Lambda\alpha.\lambda x.x$ .  $\square$

Similarly, we characterise the type  $\mathbf{bool} = \forall\alpha.\alpha \rightarrow \alpha \rightarrow \alpha$  as consisting of two constructors  $\mathbf{true} = \Lambda\alpha.\lambda xy.x$  and  $\mathbf{false} = \Lambda\alpha.\lambda xy.y$ .

**Lemma 5.10.** *If  $f : \mathbf{bool}$  is closed then  $f =_{\beta\eta} \mathbf{true}$  or  $f =_{\beta\eta} \mathbf{false}$ .*

*Proof.* By the parametricity theorem for  $\mathbf{Rel}^1$  we have  $\mathcal{R}_{\mathbf{bool}}(f)$ . Let  $x, y$  be distinct variables of type  $\alpha$  and let  $\xi(\alpha) = \{t : \alpha \mid t =_{\beta\eta} x \vee t =_{\beta\eta} y\}$ . Then  $\xi(\alpha) \in \mathbf{Rel}^1_\alpha$  and thus  $\mathcal{R}_{\alpha \rightarrow \alpha}^\xi(f\alpha)$ . Obviously,  $\xi(\alpha)(x)$  and  $\xi(\alpha)(y)$ , so  $\mathcal{R}_\alpha^\xi(f\alpha xy)$ , i.e.,  $f\alpha xy =_{\beta\eta} x$  or  $f\alpha xy =_{\beta\eta} y$ . This implies  $f =_{\beta\eta} \mathbf{true}$  or  $f =_{\beta\eta} \mathbf{false}$ .  $\square$

The previous two lemmas could be proved with  $\beta$ - instead of  $\beta\eta$ -conversion, by analysing the normal forms of  $f$ , but this would depend on normalisation. The next lemma follows from the lemma above, but for illustrative purposes we give a direct proof that makes a more sophisticated use of the parametricity theorem for binary relations.

**Lemma 5.11.** *If  $f : \mathbf{bool}$  is closed and  $g : \tau \rightarrow \sigma$  and  $t_1, t_2 : \tau$ , then  $f\sigma(gt_1)(gt_2) =_{\beta\eta} g(f\tau t_1 t_2)$*

*Proof.* By the parametricity theorem for  $\mathbf{Rel}^2$  we have  $\mathcal{R}_{\mathbf{bool}}(f, f)$ . Let  $R = \{(s_1, s_2) \mid gs_1 =_{\beta\eta} s_2\}$ . We have  $R \in \mathbf{Rel}^2_{\tau, \sigma}$  and  $R(t_1, gt_1)$  and  $R(t_2, gt_2)$ . Let  $\xi(\alpha) = R$  and  $\omega(\alpha) = (\tau, \sigma)$ . Then  $\mathcal{R}_\alpha^{\xi, \omega}(f\tau t_1 t_2, f\sigma(gt_1)(gt_2))$ , i.e.,  $g(f\tau t_1 t_2) =_{\beta\eta} f\sigma(gt_1)(gt_2)$ .  $\square$

Now we show that any polymorphic function into  $\mathbf{bool}$  is constant. First, we characterise the binary  $\mathcal{R}_{\mathbf{bool}}^\xi$ .

**Lemma 5.12.** *If  $\mathcal{R}_{\mathbf{bool}}^\xi(t_1, t_2)$  then  $t_1 =_{\beta\eta} t_2$ .*

*Proof.* Let  $R = \{(s_1, s_2) \mid s_1 =_{\beta\eta} s_2 \wedge s_1, s_2 : \alpha\}$ . We have  $R \in \mathbf{Rel}^2_{\alpha, \alpha}$ . Let  $\xi(\alpha) = R$ . Then  $\mathcal{R}_{\alpha \rightarrow \alpha}^\xi(t_1\alpha, t_2\alpha)$ . Since  $\mathcal{R}_\alpha^\xi(x, x)$  for any variable  $x : \alpha$ , we obtain  $\mathcal{R}_\alpha^\xi(t_1\alpha xy, t_2\alpha xy)$ , i.e.,  $t_1\alpha xy =_{\beta\eta} t_2\alpha xy$ , for  $x, y \notin \text{FV}(t_1, t_2)$ . This implies  $t_1 =_{\beta\eta} t_2$ .  $\square$



**Lemma 5.13.** *If  $f : \forall \alpha. \alpha \rightarrow \text{bool}$  is closed then for all types  $\tau_1, \tau_2$  and terms  $t_1 : \tau_1, t_2 : \tau_2$  we have  $f\tau_1 t_1 =_{\beta\eta} f\tau_2 t_2$ .*

*Proof.* By the parametricity theorem for  $\mathbf{Rel}^2$  we have  $\mathcal{R}_{\forall \alpha. \alpha \rightarrow \text{bool}}(f, f)$ . Let  $R = \{(s_1, s_2) \mid s_1 : \tau_1, s_2 : \tau_2\}$ . We have  $R \in \mathbf{Rel}_{\tau_1, \tau_2}^2$ . Let  $\xi(\alpha) = R$  and  $\omega(\alpha) = (\tau_1, \tau_2)$ . Then  $\mathcal{R}_{\text{bool}}^{\xi, \omega}(f\tau_1 t_1, f\tau_2 t_2)$ , because  $\mathcal{R}_{\alpha}^{\xi, \omega}(t_1, t_2)$ . By Lemma 5.12 we obtain  $f\tau_1 t_1 =_{\beta\eta} f\tau_2 t_2$ .  $\square$

Next, we consider lists, encoded impredicatively in System F.

**Definition 5.14.** We define  $\text{List}(\tau) = \forall \alpha. (\tau \rightarrow \alpha \rightarrow \alpha) \rightarrow \alpha \rightarrow \alpha$ . We use the abbreviation  $[a_1, \dots, a_n]$  for  $\Lambda \alpha \lambda f x. fa_1(fa_2(\dots(fa_n x)))$ . In particular,  $[] = \Lambda \alpha \lambda f x. x$ . We use  $a :: l$  for  $\Lambda \alpha \lambda f x. fa(l\alpha f x)$ .

**Lemma 5.15.** *If  $l : \text{List}(\tau)$  is closed then  $l =_{\beta\eta} [a_1, \dots, a_n]$  for some  $a_1, \dots, a_n : \tau$ .*

*Proof.* By the parametricity theorem for  $\mathbf{Rel}^1$  we have  $\mathcal{R}_{\text{List}(\tau)}(l)$ . Given  $x : \alpha$  and  $f : \alpha \rightarrow \alpha \rightarrow \alpha$ , define  $R \in \mathbf{Rel}_{\tau}^1$  by:  $R(t)$  iff  $t : \tau$  and  $t =_{\beta\eta} fa_1(fa_2(\dots(fa_n x)))$  for some  $a_1, \dots, a_n : \tau$  (possibly  $n = 0$ ). Let  $\xi(\alpha) = R$ . Let  $f : \tau \rightarrow \alpha \rightarrow \alpha$  and  $x : \alpha$  be variables.

We first show  $\mathcal{R}_{\tau \rightarrow \alpha \rightarrow \alpha}^{\xi}(f)$ . Let  $a : \tau$  and  $s : \alpha$  be such that  $\mathcal{R}_{\tau}(a)$  and  $\mathcal{R}_{\alpha}^{\xi}(s)$ . Then  $s =_{\beta\eta} fa_1(\dots(fa_n x))$  for some  $a_1, \dots, a_n : \tau$ . Hence  $fas =_{\beta\eta} fa(fa_1(\dots(fa_n x)))$ . This implies  $\mathcal{R}_{\alpha}^{\xi}(f)$ .

We also have  $\mathcal{R}_{\alpha}^{\xi}(x)$ . Thus  $\mathcal{R}_{\alpha}^{\xi}(l\alpha f x)$ . This implies our thesis.  $\square$

**Lemma 5.16.** *If  $\xi$  is  $\omega$ -compatible and  $\alpha$  is a type variable then  $\mathcal{R}_{\text{List}(\alpha)}^{\xi, \omega}([], [])$ .*

*Proof.* Let  $\tau_1, \tau_2$  be types,  $R \in \mathbf{Rel}_{\tau_1, \tau_2}^2$ , let  $\beta$  be a fresh type variable and let  $\xi' = \xi[R/\beta]$  and  $\omega' = \omega[(\tau_1, \tau_2)/\beta]$ . Assume  $\mathcal{R}_{\alpha \rightarrow \beta \rightarrow \beta}^{\xi', \omega'}(f_1, f_2)$  and  $R(a_1, a_2)$ . Since  $[]\tau_1 f_1 a_1 =_{\beta\eta} a_1$  and  $[]\tau_2 f_2 a_2 =_{\beta\eta} a_2$ , and  $\mathcal{R}_{\beta}^{\xi', \omega'} = R$  is closed under  $\beta\eta$ -conversion, we have  $\mathcal{R}_{\beta}^{\xi', \omega'}([]\tau_1 f_1 a_1, []\tau_2 f_2 a_2)$ . This implies  $\mathcal{R}_{\text{List}(\alpha)}^{\xi, \omega}([], [])$ .  $\square$

**Lemma 5.17.** *If  $\xi$  is  $\omega$ -compatible,  $\alpha$  is a type variable,  $\xi(\alpha) \neq \emptyset$ , and*

$$\mathcal{R}_{\text{List}(\alpha)}^{\xi, \omega}([a_1, \dots, a_n], [b_1, \dots, b_m])$$

*then  $n = m$  and  $\mathcal{R}_{\alpha}^{\xi, \omega}(a_i, b_i)$  for every  $i = 1, \dots, n$ .*

*Proof.* Let  $\xi$  be  $\omega$ -compatible and let  $l_1 = [a_1, \dots, a_n]$  and  $l_2 = [b_1, \dots, b_m]$ . Assume  $\omega(\alpha) = (\tau_1, \tau_2)$  and  $\mathcal{R}_{\text{List}(\alpha)}^{\xi, \omega}(l_1, l_2)$ . We proceed by induction on  $n$ .

First assume  $n, m > 0$ . We have  $\xi(\alpha) \in \mathbf{Rel}_{\tau_1, \tau_2}^2$ , so  $\mathcal{R}_{(\alpha \rightarrow \alpha \rightarrow \alpha) \rightarrow \alpha \rightarrow \alpha}^{\xi, \omega}(l_1 \tau_1, l_2 \tau_2)$ . By Lemma 3.6 we obtain  $\mathcal{R}_{\alpha \rightarrow \alpha \rightarrow \alpha}^{\xi, \omega}(\lambda x : \tau_1. \lambda y : \tau_1. x, \lambda x : \tau_2. \lambda y : \tau_2. x)$ . Let  $c : \tau_1$  and  $d : \tau_2$  be such that  $\xi(\alpha)(c, d)$ . Then  $\mathcal{R}_{\alpha}^{\xi, \omega}(l_1 \tau_1(\lambda xy. x)c, l_2 \tau_2(\lambda xy. x)d)$ . We have  $l_1 \tau_1(\lambda xy. x)c =_{\beta\eta} a_1$  and  $l_2 \tau_2(\lambda xy. x)c =_{\beta\eta} b_1$ . Since  $\mathcal{R}_{\alpha}^{\xi, \omega} = \xi(\alpha) \in \mathbf{Rel}_{\tau_1, \tau_2}^2$ , it is closed under  $\beta\eta$ -conversion. Thus  $\mathcal{R}_{\alpha}^{\xi, \omega}(a_1, b_1)$ .

Let  $\beta$  be a fresh type variable and let  $\xi' = \xi[\mathcal{R}_{\text{List}(\alpha)}^{\xi, \omega}/\beta]$  and  $\omega' = \omega[(\text{List}(\tau_1), \text{List}(\tau_2))/\beta]$ . Since  $\xi'(\beta) \in \mathbf{Rel}_{\text{List}(\tau_1), \text{List}(\tau_2)}^2$  by Lemma 3.3,  $\xi'$  is  $\omega'$ -comptabile, and  $\mathcal{R}_{(\alpha \rightarrow \beta \rightarrow \beta) \rightarrow \beta \rightarrow \beta}^{\xi', \omega'}(l_1 \tau_1, l_2 \tau_2)$ .

We have  $\mathcal{R}_{\alpha \rightarrow \beta \rightarrow \beta}^{\xi', \omega'}(\lambda x : \tau_1. \lambda y : \mathbf{List}(\tau_1).y, \lambda x : \tau_2. \lambda y : \mathbf{List}(\tau_2).y)$  by Lemma 3.6. Also  $\mathcal{R}_{\beta}^{\xi', \omega'}(\llbracket, \rrbracket)$  by Lemma 5.16 and Lemma 3.4. Hence  $\mathcal{R}_{\beta}^{\xi', \omega'}(l_1 \tau_1(\lambda xy.y)\llbracket, \rrbracket, l_2 \tau_2(\lambda xy.y)\llbracket, \rrbracket)$ , i.e.,

$$\mathcal{R}_{\mathbf{List}(\alpha)}^{\xi, \omega}(l_1 \tau_1(\lambda xy.y)\llbracket, \rrbracket, l_2 \tau_2(\lambda xy.y)\llbracket, \rrbracket).$$

Because  $l_1 \tau_1(\lambda xy.y)\llbracket, \rrbracket =_{\beta\eta} [a_2, \dots, a_n]$  and  $l_2 \tau_2(\lambda xy.y)\llbracket, \rrbracket =_{\beta\eta} [b_2, \dots, b_m]$ , and  $\mathcal{R}_{\mathbf{List}(\alpha)}^{\xi, \omega}$  is closed under  $\beta\eta$ -conversion, we have  $\mathcal{R}_{\mathbf{List}(\alpha)}^{\xi, \omega}([a_2, \dots, a_n], [b_2, \dots, b_m])$ . By the inductive hypothesis  $n = m$  and  $\mathcal{R}_{\alpha}^{\xi, \omega}(a_i, b_i)$  for  $i = 2, \dots, n$ .

Now assume, e.g.,  $n = 0$ , i.e.,  $l_1 = \llbracket, \rrbracket$ . If  $l_2 = \llbracket, \rrbracket$  then we are done, so assume  $l_2 \neq \llbracket, \rrbracket$ . Let  $\beta$  be a fresh type variable and define  $R \in \mathbf{Rel}_{\beta, \beta}^2$  by  $R(t_1, t_2)$  iff  $t_1 =_{\beta\eta} t_2$ . Let  $a, b : \beta$  be non- $\beta\eta$ -convertible. Let  $\xi' = \xi[R/\beta]$  and  $\omega' = \omega[R/\beta]$ . We have  $\mathcal{R}_{\beta}^{\xi', \omega'}(l_1 \beta(\lambda xy.a)b, l_2 \beta(\lambda xy.a)b)$ , i.e.,  $l_1 \beta(\lambda xy.a)b =_{\beta\eta} l_2 \beta(\lambda xy.a)b$ . But the left side is  $\beta\eta$ -convertible to  $a$ , while the right side is  $\beta\eta$ -convertible to  $b$ . Contradiction.  $\square$

Similarly, one can prove:

**Lemma 5.18.** *If  $\xi$  is  $\omega$ -compatible,  $\alpha$  is a type variable, and  $\mathcal{R}_{\alpha}^{\xi, \omega}(a_i, b_i)$  for  $i = 1, \dots, n$ , then  $\mathcal{R}_{\mathbf{List}(\alpha)}^{\xi, \omega}([a_1, \dots, a_n], [b_1, \dots, b_m])$ .*

Combining the last three lemmas and Lemma 3.4, we obtain:

**Corollary 5.19.** *Assume  $\xi$  is  $\omega$ -compatible and  $\mathcal{R}_{\tau}^{\xi, \omega} \neq \emptyset$ . Then  $\mathcal{R}_{\mathbf{List}(\tau)}^{\xi, \omega}([a_1, \dots, a_n], [b_1, \dots, b_m])$  iff  $n = m$  and  $\mathcal{R}_{\tau}^{\xi, \omega}(a_i, b_i)$  for  $i = 1, \dots, n$ .*

**Definition 5.20.** We define  $\mathbf{map} = \Lambda \alpha \beta. \lambda f : \alpha \rightarrow \beta. \lambda l : \mathbf{List}(\alpha). l(\mathbf{List}(\beta))(\lambda xy. fx :: y)$ .

**Lemma 5.21.**  $\mathbf{map} \tau \sigma f [a_1, \dots, a_n] =_{\beta\eta} [fa_1, \dots, fa_n]$ .

*Proof.* By calculation.  $\square$

We can now show the free theorems from Wadler [8], with equality interpreted as  $\beta\eta$ -conversion.

**Lemma 5.22.** *If  $r : \forall \alpha. \mathbf{List}(\alpha) \rightarrow \mathbf{List}(\alpha)$  is closed then for all  $\tau_1, \tau_2$  and closed  $f : \tau_1 \rightarrow \tau_2$  and closed  $l : \mathbf{List}(\tau_1)$  we have  $\mathbf{map} \tau_1 \tau_2 f (r \tau_1 l) =_{\beta\eta} r \tau_2 (\mathbf{map} \tau_1 \tau_2 f l)$ .*

*Proof.* By the parametricity theorem we have  $\mathcal{R}_{\forall \alpha. \mathbf{List}(\alpha) \rightarrow \mathbf{List}(\alpha)}(r, r)$ . By Lemma 5.15 we have  $l =_{\beta\eta} [a_1, \dots, a_n]$ . Let  $R \in \mathbf{Rel}_{\tau_1, \tau_2}^2$  be defined by:  $R(t_1, t_2)$  iff  $ft_1 =_{\beta\eta} t_2$ . Let  $\xi(\alpha) = R$  and  $\omega(\alpha) = (\tau_1, \tau_2)$ . Then  $\mathcal{R}_{\mathbf{List}(\alpha) \rightarrow \mathbf{List}(\alpha)}^{\xi, \omega}(r \tau_1, r \tau_2)$ . We have  $R(a_i, fa_i)$ , i.e.,  $\mathcal{R}_{\alpha}^{\xi, \omega}(a_i, fa_i)$ , for  $i = 1, \dots, n$ . Hence  $\mathcal{R}_{\mathbf{List}(\alpha)}^{\xi, \omega}([a_1, \dots, a_n], [fa_1, \dots, fa_n])$  by Corollary 5.19. This implies  $\mathcal{R}_{\mathbf{List}(\alpha)}^{\xi, \omega}(r \tau_1 [a_1, \dots, a_n], r \tau_2 [fa_1, \dots, fa_n])$ , i.e.,  $\mathcal{R}_{\mathbf{List}(\alpha)}^{\xi, \omega}(r \tau_1 l, r \tau_2 (\mathbf{map} \tau_1 \tau_2 f l))$ , by Lemma 5.21 and closure under  $\beta\eta$ -conversion. By Lemma 5.15 we have  $r \tau_1 l =_{\beta\eta} [b_1, \dots, b_m]$  and  $r \tau_2 (\mathbf{map} \tau_1 \tau_2 f l) =_{\beta\eta} [b'_1, \dots, b'_k]$ . Thus  $k = m$  and  $b'_i = b_i$  for  $i = 1, \dots, m$ , by closure under  $\beta\eta$ -conversion and Corollary 5.19. So  $r \tau_2 (\mathbf{map} \tau_1 \tau_2 f l) =_{\beta\eta} [fb_1, \dots, fb_m]$ . By Lemma 5.21 this implies  $\mathbf{map} \tau_1 \tau_2 f (r \tau_1 l) =_{\beta\eta} r \tau_2 (\mathbf{map} \tau_1 \tau_2 f l)$ .  $\square$

**Definition 5.23.** We define  $\mathbf{fold} = \Lambda \alpha \beta. \lambda f : \alpha \rightarrow \beta \rightarrow \beta. \lambda a : \beta. \lambda l : \mathbf{List}(\alpha). l \beta f a$ .

**Lemma 5.24.** *Let  $f : \tau \rightarrow \sigma \rightarrow \sigma$  and  $f' : \tau' \rightarrow \sigma' \rightarrow \sigma'$  be closed. Let  $r_1 : \tau \rightarrow \tau'$  and  $r_2 : \sigma \rightarrow \sigma'$  be closed and such that for all  $t_1 : \tau$ ,  $t_2 : \sigma$  we have  $r_2(ft_1t_2) =_{\beta\eta} f'(r_1t_1)(r_2t_2)$ . Then for all  $u : \sigma$  and all closed  $l : \text{List}(\tau)$  we have  $r_2(\text{fold } \tau \sigma f u l) =_{\beta\eta} \text{fold } \tau' \sigma' f' (r_2u)(\text{map } \tau \tau' r_1 l)$ .*

*Proof.* By the parametricity theorem  $\mathcal{R}_{\forall\alpha\beta.(\alpha \rightarrow \beta \rightarrow \beta) \rightarrow \beta \rightarrow \text{List}(\alpha) \rightarrow \beta}(\text{fold}, \text{fold})$ . Let  $R_1 \in \text{Rel}_{\tau, \tau'}^2$  be defined by:  $R_1(t_1, t_2)$  iff  $r_1t_1 =_{\beta\eta} t_2$ . Analogously, define  $R_2 \in \text{Rel}_{\sigma, \sigma'}^2$ . Let  $\xi(\alpha) = R_1$  and  $\omega(\alpha) = (\tau, \tau')$  and  $\xi(\beta) = R_2$  and  $\omega(\beta) = (\sigma, \sigma')$ . Then  $\mathcal{R}_{(\alpha \rightarrow \beta \rightarrow \beta) \rightarrow \beta \rightarrow \text{List}(\alpha) \rightarrow \beta}^{\xi, \omega}(\text{fold } \tau \sigma, \text{fold } \tau' \sigma')$ .

Next, we want to show that  $\mathcal{R}_{\alpha \rightarrow \beta \rightarrow \beta}^{\xi, \omega}(f, f')$ . This is equivalent to: for all  $a : \tau$ ,  $a' : \tau'$  with  $R_1(a, a')$  and all  $b : \sigma$ ,  $b' : \sigma'$  with  $R_2(b, b')$  we have  $R_2(fab, f'a'b')$ . In other words, we need to show that if  $r_1a =_{\beta\eta} a'$  and  $r_2b =_{\beta\eta} b'$  then  $r_2(fab) =_{\beta\eta} f'a'b'$ . But this follows from the assumption on  $r_1, r_2$ .

Hence,  $\mathcal{R}_{\beta \rightarrow \text{List}(\alpha) \rightarrow \beta}^{\xi, \omega}(\text{fold } \tau \sigma f, \text{fold } \tau' \sigma' f')$ . Since  $R_2(u, r_2u)$ , also

$$\mathcal{R}_{\text{List}(\alpha) \rightarrow \beta}^{\xi, \omega}(\text{fold } \tau \sigma f u, \text{fold } \tau' \sigma' f' (r_2u)).$$

By Lemma 5.15 we have  $l =_{\beta\eta} [a_1, \dots, a_n]$ . We have  $R_1(a_i, r_1a_i)$  for  $i = 1, \dots, n$ . Hence  $\mathcal{R}_{\text{List}(\alpha)}^{\xi, \omega}([a_1, \dots, a_n], [r_1a_1, \dots, r_1a_n])$ . By closure under  $\beta\eta$ -conversion and Lemma 5.21 we obtain  $\mathcal{R}_{\text{List}(\alpha)}^{\xi, \omega}(l, \text{map } \tau \tau' r_1 l)$ .

Therefore  $\mathcal{R}_{\beta}^{\xi, \omega}(\text{fold } \tau \sigma f u l, \text{fold } \tau' \sigma' f' (r_2u)(\text{map } \tau \tau' r_1 l))$ . Hence

$$r_2(\text{fold } \tau \sigma f u l) =_{\beta\eta} \text{fold } \tau' \sigma' f' (r_2u)(\text{map } \tau \tau' r_1 l). \quad \square$$

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